

OPL Format v1 Submit by email: issues@openpowerlifting.org

Federation	Date	MeetCountry	MeetState	MeetTown	MeetName	Formula														TotalKg	Points	Event
British Powerlifting	2022-Q4-10	UK		London	London	Greater London Divisional Qualifier-10th April PPF GL Points																SBD
Place	Name	Sex	Equipment	Division	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Best2SquatKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3DeadliftKg	TotalKg	Points	Event	
NS	Camilo Cardenas	M	Raw	M-O																		SBD
NS	Chris Boatang	M	Raw	M-O																		SBD
NS	Daniel Olsade	M	Raw	M-O																		SBD
NS	David Osborne	M	Raw	M-O																		SBD
NS	Daivide William Thompson	M	Raw	M-O																		SBD
NS	Emmanuel Franklin	M	Raw	M-O																		SBD
NS	Ivan Osen	M	Raw	M-O																		SBD
NS	Kieran Slubbins	M	Raw	M-O																		SBD
NS	Lloyd Taylor	M	Raw	M-O																		SBD
NS	Niall Raymond	M	Raw	M-O																		SBD
NS	Scott Button	M	Raw	M-O																		SBD
NS	Stephen Ashcroft	M	Raw	M-O																		SBD
NS	Taylor Dempsey-Woolner	M	Raw	M-O																		SBD
NS	Uche	M	Raw	M-O																		SBD
NS	Varun Harpale	M	Raw	M-O																		SBD
NS	William Wong	M	Raw	M-O																		SBD
1	Stefan Gilligan	M	Raw	M-O																		73.97 SBD
1	Warren Haskins	M	Raw	M-O		80.9	83	150	162.5	172.5	172.5	100	115	120	120	200	225	235	235	527.5	85.19 SBD	
2	Sammy Tank	M	Raw	M-O		91.2	93	200	215	222.5	222.5	135	142.5	-147.5	142.5	250	270	280	280	645	85.19 SBD	
2	Nathan Young	M	Raw	M-O		88.8	93	200	215	225	225	120	127.5	136	135	240	255	265	255	615	82.3 SBD	
3	Nathan Young	M	Raw	M-O		90.6	93	200	207.5	215	207.5	132.5	137.5	-142.5	137.5	255	267.5	275	267.5	612.5	81.16 SBD	
1	Paul Reid	M	Raw	M-O		105	180	190	195	195	182.5	137.5	-142.5	137.5	185	200	207.5	207.5	540	66.67 SBD		
1	Nigel Hsieh	M	Raw	M-O		123.2	120+	225	232.5	235	235	90	100	110	110	175	205	230	230	575	64.77 SBD	