

## greater\_london\_spring\_divisional\_day\_1\_all\_women\_IPF\_results

Name	Div	Bwt - kg	IPF Wt Cls	DOB	Lot #	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlift 1	Deadlift 2	Deadlift 3
Martina Pisano	FR-O	46.3		47	110	110	115	-120	57.5	60	-62.5	127.5		135 140
Anais Falcon	FR-O	50.3		52	115	95	102.5	-107.5	50	52.5	55	117.5		122.5 -127.5
Alison Benjamin	FR-O	51.1		52	116	75	77.5	80	37.5	40	-42.5	95		100 102.5
Yana Lyntovska	FR-O	56.1		57	117	145	150	-155	67.5	72.5	-75	140		150 155
Sarah Foong	FR-O	54.7		57	118	102.5	110	115	47.5	52.5	55	130		140 145
Xenia Chiru	FR-O	56.3		57	114	-87.5	87.5	-92.5	67.5	-72.5	-72.5	130		137.5 145
Seriera Lavasani	FR-O	56.2		57	112	90	100	-105	52.5	55	57.5	110		120 -130
Clara Thomas	FR-O	56.2		57	111	90	100	105	40	50		95		105 115
Lucy Bristow	FR-O	55.3		57	113	75	80	85	42.5	-47.5	-47.5	107.5		112.5 -117.5
Letitia Lau	FR-O	62.5		63	119	102.5	110	115	60	-65	65	125		132.5 137.5
Jessica Randall	FR-O	68.8		69	213	150	162.5	-175	90	100	-105	200		220 -230
Erica Leon	FR-O	67.1		69	210	137.5	147.5	155	67.5	72.5	-77.5	147.5		160 -170
Tina Lansdell	FR-O	67.2		69	212	127.5	132.5	137.5	62.5	67.5	-70	152.5		160 165
Jasmine Courtney	FR-O	66.9		69	211	115	122.5	127.5	55	60	62.5	137.5		147.5 155
Stephanie Marick	FR-O	64.2		69	221	115	120	125	-57.5	57.5	-60	145		150 152.5
Yunia Maalo	FR-O	67.7		69	216	105	-115	-115	52.5	57.5	-60	140		155 167.5
Elizabeth Martin de Bartolome	FR-O	67.3		69	222	115	122.5	-127.5	45	50	-52.5	135		147.5 152.5
Charlotte Macauly	FR-O	68.5		69	218	107.5	115	120	55	57.5	-60	117.5		125 132.5
Gabby Reynolds	FR-O	68.7		69	217	90	100	105	-55	55	-57.5	125		135 142.5
Alexandra Basing	FR-O	68.3		69	220	90	95	100	50	52.5	-55	127.5		132.5 135
Clare Yates	FR-O	67.5		69	215	95	102.5	-105	47.5	-52.5	-52.5	100		112.5 -115
Charlotte DeVal	FR-O	74.6		76	317	155	162.5	-167.5	77.5	85	87.5	167.5		177.5 180
Elisabeth Welburn	FR-O	74.2		76	313	122.5	130	135	65	-70	-70	170		180 -190
Valentina Minghetti	FR-O	75.5		76	312	110	115	120	52.5	-55	-55	125		135 140
Monica Zhang	FR-O	81.3		84	314	125	132.5	137.5	-67.5	72.5	-77.5	120		130 140
Rukayat Odusola	FR-O	96.8 84+			311	-185	190	-200	50	60	-65	190		200 210
Mikela Henry-Lowe	FR-O	116.4 84+			316	152.5	162.5	170	80	85	-90	162.5		167.5 -172.5
Emily Dennis	FR-O	147.8 84+			315	130	140	150	92.5	100	-105	130		140 -150
Clarice Yvie Wamba	FR-O	87.9 84+			310	-120	120	-140	40	47.5	50	140		150 160
Grace LLOYD	FR-O				219									
Lara Oliver-Tomic	FR-O				214									