

Julian-Massey-Bench-Press-Championships.opf

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Federation	Date	MeetCountry	MeetState	MeetTown	MeetName	Formula						
IPF	'2024-09-07	United Kingdom		London	Julian Massey Bench Press Championships	IPF GL Points						
Place	Name	Sex	Equipment	Division	BodyweightKg	WeightClassKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	TotalKg	Points
	1 Angela Ig	F	Sleeves	F-O		52	52	52.5	55	57.5	57.5	55.04
	1 Xenia Chiru	F	Sleeves	F-O		56.8	57	67.5	72.5	-75	72.5	72.5 64.64
	1 Hannah Middlebrook	F	Sleeves	F-O		68.8	69	77.5	-80	80	80	63.87
	2 Kamelya Ozten	F	Sleeves	F-O		68.4	69	55	60	62.5	62.5	50.03
	1 Sophia Ellis	F	Sleeves	F-O		74.2	76	110	115	120	120	92.94
	1 Emily Dennis	F	Sleeves	F-O		152.4 84+		97.5	102.5	-105	102.5	102.5 72.15
	2 Greta Galimberti	F	Sleeves	F-O		86.8 84+		67.5	72.5	-75	72.5	72.5 53.67
	1 Amila Dissanayake	F	Single-ply	F-O		52	52	107.5	-112.5	112.5	112.5	77.96
	1 Ellie Steel	F	Single-ply	F-O		59.6	63	140	-150	-150	140	140 87.6
	1 Sarah Cardinale	F	Single-ply	F-O		74	76	87.5	-92.5	-92.5	87.5	87.5 48.29
	1 Kevin Lee-Simion	M	Sleeves	M-O		69.2	74	140	-150	150	150	82.92
	1 Stephen Ashcroft	M	Sleeves	M-O		82	83	92.5	97.5	-102.5	97.5	97.5 49.28
	1 Badrun Ali	M	Sleeves	M-O		89.2	93	-157.5	165	-175	165	165 79.91
	2 James Berry	M	Sleeves	M-O		89.2	93	135	142.5	-145	142.5	142.5 69.02
	1 Simon Parsons	M	Sleeves	M-O		101.6	105	140	147.5	-150	147.5	147.5 67.07
	1 Alistair Murdoch	M	Sleeves	M-O		109.2	120	175	185	195	195	195 85.76
	2 Ian Lucy	M	Sleeves	M-O		115.8	120	137.5	-150	-150	137.5	137.5 58.91
	1 Chris Gillard	M	Sleeves	M-O		160.8 120+		152.5	162.5	-167.5	162.5	162.5 61.24
	1 Patrick Furphy	M	Single-ply	M-O		99.2	105	-170	170	180	180	180 57.47
	1 Jack Johnson	M	Single-ply	M-O		108.4	120	235	245	252.5	252.5	252.5 77.29