

OPL Format v1 Submit by email: issues@openpowerlifting.org

Federation	Date	MeetCountry	MeetState	MeetTown	MeetName	Formula														
IPF	2024-09-22	UK		London	Greater London Divisional September 2024 IPF GL Points															
Place	Name	Sex	Equipment	Division	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3SquatKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3DeadliftKg	TotalKg	Points
1	Beant2 Santos	F	Raw	F-O	56.2	57	110	120	-127.5	120	55	60	-65	60	117.5	125	-122.5	125	305	72.21
2	Alison Jones	F	Raw	F-O	56.4	57	87.5	95	100	100	55	-60	-60	55	127.5	135	140	140	295	69.75
1	Jamie Nguyen	F	Raw	F-O	62	63	115	117.5	125	125	45	50	-52.5	50	120	130	137.5	137.5	312.5	69.09
2	Juanra Fernandez	F	Raw	F-O	60.6	63	105	110	115	115	42.5	-50	50	50	125	135	-140	135	300	67.35
3	Margarita Ivanova	F	Raw	F-O	59.2	63	55	60	-62.5	60	30	32.5	-35	32.5	45	50	60	60	152.5	34.8
1	Charlotte Macaulay	F	Raw	F-O	68.2	69	115	122.5	130	130	57.5	-62.5	62.5	62.5	132.5	142.5	150	150	342.5	71.42
2	Claire Yates	F	Raw	F-O	67.8	69	97.5	102.5	107.5	107.5	47.5	52.5	-55	52.5	105	112.5	117.5	117.5	277.5	58.06
1	Anakisa Vaente	F	Raw	F-O	103.84+		150	160	167.5	167.5	67.5	72.5	-75	72.5	167.5	177.5	-185	177.5	417.5	73.89
1	Hugo Leung	M	Raw	M-O	72.9	74	185	197.5	205	205	115	127.5	135	135	240	252.5	257.5	257.5	597.5	88.4
2	Daniel Piek	M	Raw	M-O	73.8	74	165	180	195	195	110	117.5	125	125	200	215	235	235	555	81.59
1	Jasper Gregory	M	Raw	M-O	82.4	83	137.5	147.5	152.5	152.5	97.5	102.5	-107.5	102.5	165	180	190	190	445	61.83
2	Alan Joseph	M	Raw	M-O	83	83	140	145	150	150	-75	80	90	90	-180	180	-185	180	420	58.14
3	Jake Rose	M	Raw	M-O	79.2	83	120	130	140	140	95	100	-105	100	140	150	160	160	400	56.71
1	Youssef Tazarni	M	Raw	M-O	92.2	93	-205	-215	215	215	147.5	152.5	-155	152.5	-260	-260	-260	260	627.5	82.44
2	Dayo Huzzan	M	Raw	M-O	92.2	93	180	190	-200	190	125	130	-132.5	130	-220	230	235	235	555	72.91
3	Alasdair Stewart	M	Raw	M-O	84.4	93	150	160	172.5	172.5	85	95	-100	95	160	180	-190	180	447.5	61.43
1	Omanson Johnson	M	Raw	M-O	96.2	105	215	230	245	245	127.5	-135	-135	127.5	242.5	257.5	265	265	637.5	82.04
2	Nwan Chim	M	Raw	M-O	101.8	105	180	190	195	195	110	115	117.5	117.5	240	250	260	260	572.5	71.72
1	Paul Okwogboye	M	Raw	M-O	120	120	265	-275	-275	265	162.5	-165	-165	162.5	275	-285	-285	275	702.5	81.66