

August 9, 2008

5th Annual Southern Ohio Powerlifting and Bench Championship

10/12/18		GL Divisional																											
Powerlifting Results Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	Age Coeff	SQ rack	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	(3) Age-Wilks	PI Code	PI-Div- WtCls-Evt		
Samantha Portlock	No Club	F-C-Snr	78.8	84		0.9229	50	1.13	10	50	55	60	60	25	30	35	35	95	90	95	100	100	195	179.966	203.361	1	#REF!		
Shivani Parikh	No Club	F-C-Snr	72.4	84	9	0.9725	Senior	#####	10	67.5	67.5	70	70	40	-42.5	45	45	115	95	100	105	105	220	213.950	#VALUE!	1	#REF!		
Janani Ragunathan	No Club	F-C-Snr	46.1	47	1	1.3636	Senior	#####	9	-79	70	75	75	30	32.5	-35	32.5	107.5	100	105	110	110	217.5	296.583	#VALUE!	1	#REF!		
Erin Hamalainen	No Club	F-C-Snr	67.3	72	7	1.0228	Senior	#####	11	65	-67.5	75	75	-55	-67.5	57.5	57.5	132.5	90	95	100	100	232.5	237.801	#VALUE!	1	#REF!		
hana lodhi	No Club	F-C-Snr	68	72	8	1.0153	Senior	#####	10	70	72.5	75	75	37.5	-45	-50	37.5	112.5	90	100	105	105	217.5	220.828	#VALUE!	1	#REF!		
Emma Ehrling	BGWLC	F-C-Snr	67.8	72	6	1.0174	Senior	#####	12	70	72.5	-77.5	72.5	42.5	-45	-45	42.5	115	90	95	100	100	215	218.741	#VALUE!	1	#REF!		
Yumika Brewster	No Club	F-C-Snr	51.3	52	2	1.2596999	Senior	#####	7	75	80	-85	80	47.5	-50	-50	47.5	127.5	105	112.5	117.5	117.5	245	308.626	#VALUE!	1	#REF!		
Josefin Fundin	No Club	F-C-Snr	58.6	63	4	1.1355	Senior	#####	9	80	87.5	90	#REF!	55	-60	-60	55	#REF!	85	95	100	100	#REF!	#REF!	#REF!	1	#REF!		
Katie Glass	No Club	F-C-Snr	93.8	84+		0.8503	80	2.05	12	80	87.5	92.5	92.5	50	52.5	55	55	147.5	110	117.5	125	125	272.5	231.707	474.999	1	#REF!		
Elinor Winter	No Club	F-C-Snr	60.5	63		1.1078	85	2.05	13	85	-97.5	-100	85	45	-47.5	47.5	47.5	132.5	110	117.5	122.5	122.5	255	282.489	579.102	1	#REF!		
Naomi Parkinson	No Club	F-C-Snr	69.7	72		0.9978	90	2.05	11	90	95	-100	95	45	47.5	-50	47.5	142.5	102.5	110	115	115	257.5	256.933	526.714	1	#REF!		
Kerstin Klaser	No Club	F-C-Snr	56.5	57	3	1.1684	Senior	#####	9	95	105	-110	105	50	-55	-55	50	155	100	110	120	120	275	321.310	#VALUE!	1	#REF!		
Alison Young	No Club	F-C-Snr	79.3	84	10	0.9195	Senior	#####	13	-100	-105	110	110	60	67.5	72.5	72.5	182.5	110	117.5	122.5	122.5	305	280.447	#VALUE!	1	#REF!		
Charlotte De Val	BGWLC	F-C-Snr	65.8	72	5	1.0397	Senior	#####	8	105	-112.5	112.5	112.5	55	60	-67.5	60	172.5	110	115	120	120	292.5	304.112	#VALUE!	1	#REF!		
Mark Rawley	No Club	M-C-Snr	80	83		0.6827		0	16	75	82.5	90	90	72.5	-80	-82.5	72.5	162.5	110	122.5	135	135	297.5	203.103	0.000	1	#REF!		
Amardeep Singh	No Club	M-C-Snr	66	66		0.7852		0	13	80	85	90	90	75	-77.5	77.5	77.5	167.5	120	125	130	130	297.5	233.597	0.000	1	#REF!		
Eugene Lum	No Club	M-C-Snr	75.1	83	14	0.7119	Senior	#####	11	-150	155	-160	155	75	82.5	-90	82.5	237.5	160	170	177.5	177.5	415	295.438	#VALUE!	1	#REF!		
Sarp Alinaghi	No Club	M-C-Snr	71.9	74	17	0.7345	Senior	#####	13	125	132.5	142.5	142.5	75	80	82.5	82.5	225	145	155	165	165	390	286.455	#VALUE!	1	#REF!		
Yosif Kutub	No Club	M-C-Snr	58.9	59		0.8675		0	12	55	65	-75	65	77.5	82.5	-87.5	82.5	147.5	95	105	110	110	257.5	223.381	0.000	1	#REF!		
Franklin Liot	No Club	M-C-Snr	82.9	83	18	0.668	Senior	#####	13	152.5	162.5	170	170	82.5	90	95	95	265	155	165	175	175	440	293.920	#VALUE!	1	#REF!		
Hamayun Farooq	No Club	M-C-Snr	80.7	83	19	0.679	Senior	#####	15	135	142.5	147.5	147.5	92.5	100	105	105	252.5	180	190	200	200	452.5	307.248	#VALUE!	1	#REF!		
Marcus Wheeler	No Club	M-C-Snr	72.5	74	15	0.73	Senior	#####	11	140	150	165	165	-95	95	100	100	265	175	200	205	205	470	343.100	#VALUE!	1	#REF!		
Jai Anand	No Club	M-C-Snr	78.1	83	20	0.6933	Senior	#####	10	160	170	180	180	97.5	105	110	110	290	165	175	185	185	475	329.318	#VALUE!	1	#REF!		
Adam Hamilton	No Club	M-C-Snr	73.8	74		0.7207		0	13	180	195	205	205	105	112.5	115	115	320	190	202.5	210	210	530	381.971	0.000	1	#REF!		
Pietro Frollo	No Club	M-C-Snr	73.9	74	16	0.72	Senior	#####	9	180	190	200	200	110	115	120	120	320	190	200	-210	200	520	374.400	#VALUE!	1	#REF!		
Adam Green	No Club	M-C-Snr	86.4	93		0.6523		0	13	115	140	155	155	75	-95	95	95	250	150	185	200	200	450	293.535	0.000	1	#REF!		
Josh Jackson	No Club	M-C-Snr	92.3	93	29	0.6305	Senior	#####	16	-120	130	-145	130	-90	95	107.5	107.5	237.5	160	182.5	200	200	437.5	275.844	#VALUE!	1	#REF!		
Zacharias Szreter	UCL	M-C-Snr	85.7	93	30	0.6553	Senior	#####	14	120	130	-140	130	110	115	120	120	250	180	200	-210	200	450	294.885	#VALUE!	1	#REF!		
Louis Oswald	No Club	M-C-Snr	86	93		0.654		0	13	-140	140	150	150	100	-105	110	110	260	150	160	-175	160	420	274.680	0.000	1	#REF!		
Ashraf Alhasan	No Club	M-C-Snr	92.2	93	28	0.6308	Senior	#####	15	140	155	165	165	110	120	-127.5	120	285	220	240	255	255	540	340.632	#VALUE!	1	#REF!		
Abdullah Muhammad	No Club	M-C-Snr	92.4	93	27	0.6301	Senior	#####	12	165	175	180	180	85	-95	95	95	275	200	-212.5	-212.5	200	475	299.298	#VALUE!	1	#REF!		
Ashley Dent	No Club	M-C-Snr	108.4	120		0.5912		0	17	167.5	175	185	185	125	132.5	140	140	325	215	230	250	250	575	339.940	0.000	1	#REF!		
Daniel Chambers	No Club	M-C-Snr	103.2	105	24	0.6013	Senior	#####	17	167.5	175	180	180	100	-105	-105	100	280	210	-220	220	220	500	300.650	#VALUE!	1	#REF!		
Benjamin Hodgson	PhysC	M-C-Snr	104.2	105	23	0.5992	Senior	#####	14	185	-200	200	200	-110	-110	110	110	310	180	195	200	200	510	305.592	#VALUE!	1	#REF!		
Jack McCabe	No Club	M-C-Snr	116.3	120	26	0.5793	Senior	#####	17	235	250	260	260	180	190	195	195	455	-290	290	-310	290	745	431.578	#VALUE!	1	#REF!		
Jin-ho Jeong	No Club	M-C-Snr	80.8	83		0.6785		0	14	155	-160	-160	155	-87.5	-87.5	-87.5	0	0	175	185	-200	185	0	0.000	0.000	1	#REF!		

Side Referee _____

Chief Referee _____

Side Referee _____