

August 9, 2008

5th Annual Southern Ohio Powerlifting and Bench Championship

1/11/2019		GL Divisional																									
Powerlifting Results Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	Age Coeff	SQ rack	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	(3) Age Wilks	Age PI Code	PI-Div- WtCls-Evt
Emma Rafferty	Temple	F-C-Snr	52	52	14	1.2466	Senior	#####	5	100			100	67.5			67.5	167.5	120			120	287.5	358.398	#VALUE!	1	#N/A
Helen Quinn	Temple	F-C-Snr	51.1	52	19	1.2635	Senior	#####	7	90	-97.5	-100	90	50	-55	55	55	145	115	122.5	127.5	127.5	272.5	344.304	#VALUE!	1	#N/A
Amila Dissanayake	SA	F-C-Snr	50.9	52	13	1.2673	Senior	#####	4	80	-85	-85	80	50	52.5	55	55	135	100	105	-110	105	240	304.152	#VALUE!	1	#N/A
Rebecca Smith	SA	F-C-Snr	51.1	52	20	1.2635	Senior	#####	11	77.5	80	82.5	82.5	37.5	40	42.5	42.5	125	105	110	-115	110	235	296.922	#VALUE!	1	#N/A
Sonia Fierro	Temple	F-C-Snr	56.9	57	30	1.162	Senior	#####	10	117.5	125	-130	125	60	65	-67.5	65	190	150	160	-170	160	350	406.700	#VALUE!	1	#N/A
Debbie Bell	No Club	F-C-Snr	55.1	57	11	1.1916	Senior	#####	11	97.5	102.5	-107.5	102.5	50	52.5	55	55	157.5	127.5	132.5	135	135	292.5	348.543	#VALUE!	1	#N/A
Anoula Rayburn	Greenwich	F-C-Snr	54.3	57	25	1.2054	Senior	#####	7	87.5	92.5	-100	92.5	55	60	-62.5	60	152.5	100	107.5	-110	107.5	260	313.404	#VALUE!	1	#N/A
Seriera Lavasani	No Club	F-C-Snr	55.3	57	3	1.1883	Senior	#####	10	-80	80	92.5	92.5	50	-52.5	-52.5	50	142.5	90	100	115	115	257.5	305.987	#VALUE!	1	#N/A
Ruth Saliu	BGWLC	F-C-Snr	54.4	57	1	1.2036	Senior	#####	10	70	-77.5	-82.5	70	45	-55	-55	45	115	100	110	115	115	230	276.828	#VALUE!	1	#N/A
Isabella Pateman	Temple	F-C-Snr	55.9	57	28	1.1783	Senior	#####	11	65	70	-75	70	40	-45	-45	40	110	100	-107.5	-110	100	210	247.443	#VALUE!	1	#N/A
Kai Ma	PhysC	F-C-Snr	56.7	57	39	1.1652	Senior	#####	12	-87.5	87.5	-92.5	87.5	-67.5	-57.5	-57.5	0	0	110	115	-122.5	115	0	0.000	#VALUE!	1	#N/A
Grace Stilgoe	BGWLC	F-C-Snr	62.4	63	29	1.0818	Senior	#####	9	-142.5	142.5	-147.5	142.5	75	77.5	-80	77.5	220	155	162.5	167.5	167.5	387.5	419.197	#VALUE!	1	#N/A
Karen Lai	BGWLC	F-C-Snr	62.2	63	34	1.0844	Senior	#####	8	125	130	135	135	75	80	85	85	220	145	152.5	157.5	157.5	377.5	409.361	#VALUE!	1	#N/A
Sophie Thomas	AIPP	F-C-Snr	62.9	63	23	1.0753	Senior	#####	12	117.5	125	132.5	132.5	57.5	60	-65	60	192.5	165	175	-185.5	175	367.5	395.173	#VALUE!	1	#N/A
Emelie Forsberg	PhysC	F-C-Snr	61.7	63	22	1.0911	Senior	#####	11	112.5	120	-125	120	67.5	-72.5	-72.5	67.5	187.5	130	140	-147.5	140	327.5	357.335	#VALUE!	1	#N/A
Emily Przeslak	Temple	F-C-Snr	61.4	63	6	1.0952	Senior	#####	9	102.5	110	115	115	57.5	62.5	-67.5	62.5	177.5	130	142.5	-150	142.5	320	350.464	#VALUE!	1	#N/A
Sejal Karadia	No Club	F-C-Snr	61.1	63	37	1.0994	Senior	#####	9	90	97.5	105	105	50	55	60	60	165	130	140	150	150	315	346.311	#VALUE!	1	#N/A
Abigail Blumzon	No Club	F-C-Snr	57.6	63	18	1.1509	Senior	#####	10	-95	95	100	100	47.5	52.5	55	55	155	125	-132.5	-132.5	125	280	322.252	#VALUE!	1	#N/A
Sophie Rogers	SA	F-C-Snr	61.2	63	26	1.098	Senior	#####	13	80	85	-87.5	85	40	42.5	45	45	130	102.5	107.5	-110	107.5	237.5	260.775	#VALUE!	1	#N/A
Alice Barker	BGWLC	F-C-Snr	62.6	63	40	1.0792	Senior	#####	11	55	60	65	65	45	47.5	-50	47.5	112.5	75	85	100	100	212.5	229.330	#VALUE!	1	#N/A
Noreen Kay	No Club	F-C-Snr	61.4	63	7	1.0952	Senior	#####	9	-72.5	-72.5	-72.5	0	40	42.5	-45	42.5	0	92.5	95	100	100	0	0.000	#VALUE!	1	#N/A
Lucy Glover	PhysC	F-C-Snr	69.2	72	33	1.0028	Senior	#####	11	120	127.5	132.5	132.5	77.5	80	81	81	213.5	140	150	155	155	368.5	369.532	#VALUE!	1	#N/A
Jessica Bagdonas	CP	F-C-Snr	68.2	72	16	1.0131	Senior	#####	9	112.5	122.5	-132.5	122.5	55	60	-65	60	182.5	130	140	150	150	332.5	336.856	#VALUE!	1	#N/A
Kenlyn Stewart	No Club	F-C-Snr	72	72	12	0.976	Senior	#####	11	102.5	110	115	115	55	60	62.5	62.5	177.5	127.5	137.5	147.5	147.5	325	317.200	#VALUE!	1	#N/A
Letitia Lau	Temple	F-C-Snr	66.3	72	17	1.0339	Senior	#####	11	95	100	105	105	55	60	65	65	170	137.5	147.5	-155	147.5	317.5	328.263	#VALUE!	1	#N/A
Angel Araujo	BGWLC	F-C-Snr	66.3	72	4	1.0339	Senior	#####	11	105	112.5	-117.5	112.5	40	45	-47.5	45	157.5	120	130	137.5	137.5	295	305.001	#VALUE!	1	#N/A
Yifei Wang	UCL	F-C-Snr	69.9	72	51	0.9958	Senior	#####	13	85	90	-95	90	42.5	-47.5	47.5	47.5	137.5	80	100	110	110	247.5	246.461	#VALUE!	1	#N/A
Alison Day	No Club	F-C-Snr	71.2	72	31	0.9834	Senior	#####	8	110	115	-120	115	-72.5	-72.5	-72.5	0	0	135	142.5	-150	142.5	0	0.000	#VALUE!	1	#N/A
Termitope Nuga	BGWLC	F-C-Snr	81.7	84	59	0.9046	Senior	#####	12	165	172.5	-177.5	172.5	90	95	-97.5	95	267.5	190	202.5	210	210	477.5	431.947	#VALUE!	1	#N/A
Mariam Mahmoud	CP	F-C-Snr	79.3	84	2	0.9195	Senior	#####	15	112.5	125	127.5	127.5	62.5	67.5	70	70	197.5	132.5	142.5	150	150	347.5	319.526	#VALUE!	1	#N/A
Abigail McGrath	No Club	F-C-Snr	81.7	84	15	0.9046	Senior	#####	13	120	130	135	135	57.5	60	62.5	62.5	197.5	127.5	135	142.5	142.5	340	307.564	#VALUE!	1	#N/A
Maria Papadelli	Temple	F-C-Snr	77.1	84	24	0.9347	Senior	#####	16	-95	95	100	100	50	55	57.5	57.5	157.5	115	125	130	130	287.5	268.726	#VALUE!	1	#N/A
Sarah Broadbent-Spence	SA	F-C-Snr	75.3	84	8	0.9483	Senior	#####	10	95	100	105	105	55	57.5	-60	57.5	162.5	100	-107.5	-107.5	100	262.5	248.929	#VALUE!	1	#N/A
Anna-Marie Steadman	SA	F-C-Snr	83.5	84	10	0.8944	Senior	#####	13	87.5	92.5	-97.5	92.5	40	-42.5	-42.5	40	132.5	105	112.5	117.5	117.5	250	223.600	#VALUE!	1	#N/A
Matilda Curtis	BB	F-C-Snr	83.9	84	21	0.8923	Senior	#####	11				0				0	0				0	0	0.000	#VALUE!	1	#N/A

Side Referee _____

Chief Referee _____

Side Referee _____